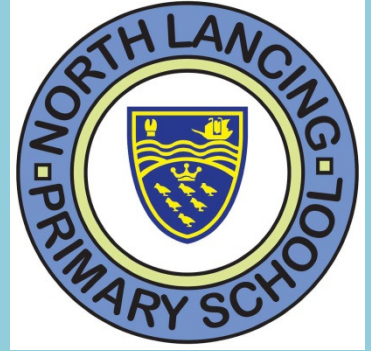


# **NORTH LANCING PRIMARY SCHOOL**



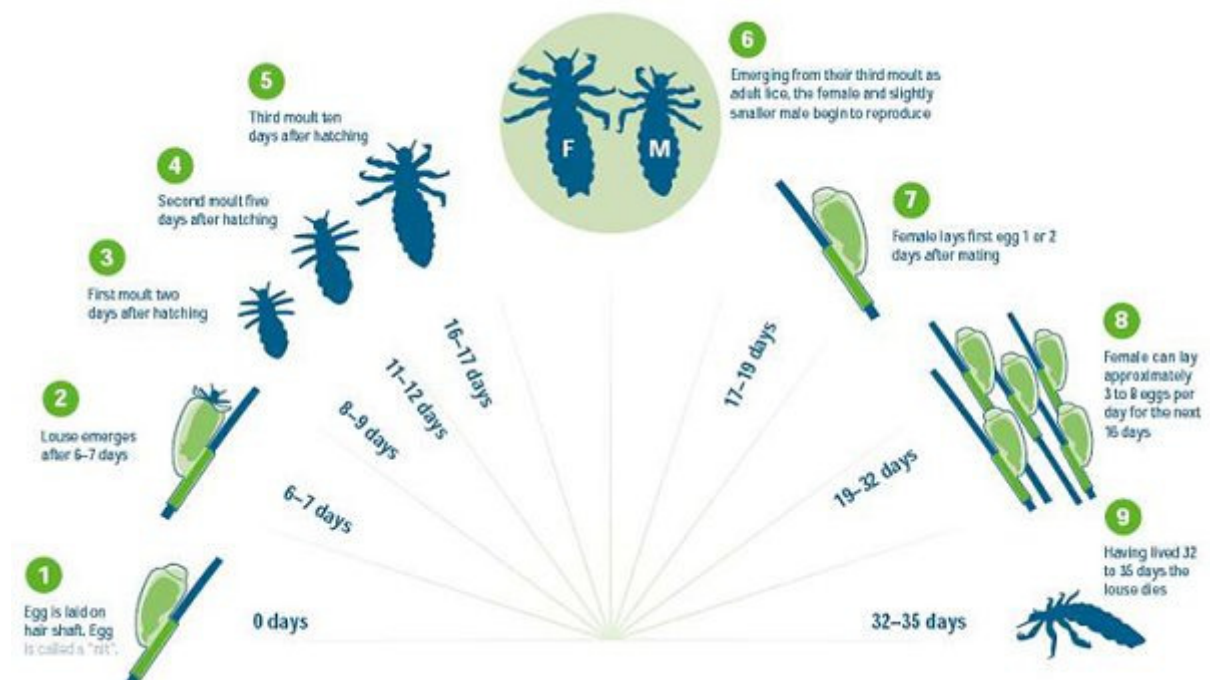
## **Health Care Bulletin Nov 2016**

# Health Care Bulletin

## Head Lice.

- Highly Contagious
- The nits refer to the eggs which are laid close to the scalp behind the ear and neck in the hairline.
- After 7-10 days these then hatch out into head lice.
- Treatment is required from a pharmacy
- Follow the link below for more advice

<http://www.nhs.uk/conditions/headlice/pages/introduction.aspx>



## Sickness and Diarrhoea

- Highly contagious
- Children should not attend school 48 hours from last bout of illness

# Health Care Bulletin

This health bulletin indicates the recommended guidelines for treating some common childhood illnesses, and also the exclusion times for school.

It is important that the recommended school exclusion times are adhered to, this way we prevent further illness from spreading.

## Thread Worms

- Highly Contagious
- Treatment is required from pharmacy
- Thorough hand washing and personal hygiene is essential to prevent further outbreaks
- Follow the link below for more advice

<http://www.nhs.uk/conditions/threadworms/pages/introduction.aspx>



# Health Care Bulletin

| Illness   | Recommended period to stay off school (once they are well)                   | Comments  |
|---|--|---|
| Rashes and skin   | None   | None  |
| Athlete's Foot  | None   | Treatment is recommended.   |
| Chicken Pox   | 5 days from onset of rash  | You do not have to wait until the spots have healed or crusted. Risk for pregnant women, please advise the school.                    |
| German measles  | 6 days from onset of rash  | The child is most infectious before the rash appears. Risk for pregnant women, please advise the school. Preventable by immunisation. |
| Hand, Foot and mouth  | None   | Hand, Foot and mouth  |
| Impetigo  | Until lesions are crusted or healed or 48 hours after commencing antibiotics | Antibiotics may speed up healing.   |
| Measles   | 4 days from the start of the rash  | Risk for pregnant women, please advise the school. Preventable by vaccination.  |
| Ringworm  | None   | Treatment required.   |
| Scarlet fever   | 24 hours after commencing antibiotics  | Treatment recommended for the affected child.   |
| Shingles  | Child should not be in school if rash is weeping and cannot be covered       | Risk for pregnant women, please advise the school.  |
| Slapped cheek or fifth disease (parvovirus)                       | None   | Risk for pregnant women, please advise the school.  |
| Warts and verrucas  | None   | Cover the verruca when going to a swimming pool.  |
| Diarrhoea and vomiting  |  |   |
| Diarrhoea and/or vomiting (with or without a specified diagnosis) | 48 hours from last episode of diarrhoea or vomiting                          |   |
| Respiratory   |  |   |
| Flu (influenza)   | Until recovered  |   |
| Whooping cough  | 5 days from commencing antibiotic treatment or 21 days from onset of illness | Treatment is recommended though non-infectious coughing may still continue for many weeks.  |
| Others  |  |   |
| Conjunctivitis  | None   |   |
| Head lice   | None   | Treatment is recommended  |
| MRSA  | None   | Treatment is recommended  |
| Mumps   | 5 days after onset of swelling   | Preventable by vaccination  |
| Threadworms   | None   | Treatment is recommended  |
| Tonsillitis   |  |   |

